



**Dementia
Friends
Iowa**

A Dementia Friendly America initiative



Join a growing movement of people like you who are helping fellow community members live with dementia.

**Become a
Dementia
Friend!**

You can become a Dementia Friend by attending a one-hour informational session to learn about living with dementia and the simple things you can do to support someone living with dementia.

What Happens at the Information Session?

This one-hour session is a session led by Dementia Friends Champion Claudia Hauser. You'll learn some basics of dementia such as what dementia is, how it can affect a person, some tips for communicating with people who have dementia, and other ways to support people with dementia.



Date: May 31, 2026

Time: 1:00 PM

**Location: Altoona Masonic Lodge
707 8th St. SE**

Altoona, Iowa 50009

To Register: Email

CBCLAUD@aol.com or call

402-630-5317

**Presenter:
Claudia Hauser
Dementia Friendly Iowa
Committee
Iowa Order of the Eastern Star**