



Dear Sisters and Brothers,

Our Worthy Grand Matron and Worthy Grand Patron desire each chapter to hold a Walk-a-Thon to raise donations for their Special Project "Breath of Life". Information about this project was included in your Worthy Matron's packet. Proceeds will go to the University of Iowa for research pertaining to Upper Respiratory Diseases. Jo Ann Bergeson, Past Grand Matron of Iowa may be contacted to provide information about these diseases. to contact her call 641-521-3924 or email jbergesonn@dishmail.net. Brochures are available about the specifics of the diseases and the research from your District Project Chairperson.

As your chapter plans to hold a walk-a-thon our Worthy Grand Matron and Worthy Grand Patron want the community be involved. You can inform the public by posters, releases to news media, newsletters, church publications and by contacting organizations. Consider the other Masonic organizations and the Youth Groups. Pushing a stroller and walking the dog are good things to do while walking the course. A Pledge Form is included to be copied for the participants use. Sample Registration Forms are available upon request. Information is available on the Internet about organizing a walk-a-thon or contact Donna Walther or Marilyn Whitmore.

An alternative to your chapter holding its own walk-a-thon you may prefer to attend an area "Breath of Life" Walk-a-Thon to be held on June 26, 2010. Contact persons and information about the the area events will be forwarded when the plans are finalized. Donations are always greatly appreciated.

Make checks payable to the Grand Chapter of Iowa Order of the Eastern Star and send, along with the completed Registration Forms to:

Donna Walther
P.O. Box 7
Slater, IA 50244-0007
Telephone 515-685-3660

or

Marilyn Whitmore
2074 Magnolia Road
Woodward, IA 50276
Telephone 515-438-4790
email; rmwhitmore@netins.net

This is a chance to do something healthy, to get out and enjoy the day, exercise, get moving, become energized, enjoy the fellowship and support the "Breath of Life" Project. We look forward to seeing you there.

Fraternally, Donna Walther and Marilyn Whitmore
Co-chairs of Breath of Life Walk-a-Thon



Name of Participant _____

Breath of Life Walk-a-Thon

Pledge Form

Donor Name Check #	Amount pledged	Amount received	Cash
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Turn in Pledge Form and Donation Money when you register for the
Walk-a Thon